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Marco Del Rio Calvin Dool Alec Erickson Nicholas Read Chris Sivak Adam Turpin Eric Wettstein

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LAUDATE SINGERS

**Harp** Heidi Krutzen **Cello** Rebecca Wenham

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- Our front-of-house volunteer team
- St. Andrew's United Church
- Lesley Finlay, reception organization
- Gordon Finlay and Dave Alexander, visuals
- Brian Chan, sound/recording engineer

- Contact Printing, programme design & printing
- Annika Langeloo Design, graphic design
- Mucky Dog Web Projects, website
- North Shore News, promotion

Laudate Singers is a registered society with charitable status. Donations to the choir are therefore tax deductible. Please consider us when planning your charitable givings. You do make a difference!

## Music of the Human Soul

0		
Choral Hymns from the Rig-Veda, for Women's Voices & H 1. Hymn to the Dawn 2. Hymn to the Waters 3. Hymn to Vena (The Sun Rising Through th 4. Hymn of the Travellers		
Laudate Singers		
Prayer of St. Francis (1976) solos: Catherine Crouch, soprano & I	<b>Barrie Cabena</b> b.1933 Marco Del Rio, baritone	
Cantate Domino (1997) Alleluja (1988)	<b>Vytautas Miškinis</b> b.1954 <b>Agripino V. Diestro</b> b.1963	
Laudate Singers / Heidi Krutzen, harp / Rebecca Wenham, cello		
to name the moon (commissioned 2011) Veni Emmanuel (commissioned 2011)	Bruce Sled b.1975 Taymaz Saba b.1985 & Andrei Diaconu b.1985	
- INTERMISSION / RECEPTION -		
Laudate Singers & Rebecca Wenham, cello		
<b>Exaudi</b> (2004)	Jocelyn Morlock b.1969	
Rebecca Wenham, cello		
Callo Suita No. 1 in C. Major (c 1717, 1723)	<b>IS Bach</b> 1685-1750	

Cello Suite No. 1 in G Major (c.1717-1723) Prelude ~ Allemande ~ Courante ~ Sarabande ~ Menuets I & II ~ Gigue

#### Laudate Singers / Heidi Krutzen, harp / Rebecca Wenham, cello

Dawn of Night (commissioned premiere) 1. whisper me 2. hush, hush

where the moon goes (commissioned premiere)

Chris Sivak b.1982

Stephen Chatman b.1950

#### TEXTS, TRANSLATIONS & NOTES

#### Choral Hymns from the Rig Veda - Gustav Holst

Gustav Holst was one of the most important English composers in the early 1900's and wrote a large number of works from orchestral to opera to choral. In his 20's, he became particularly attracted to folk songs including those of both England and India. Indeed, he became so interested in Indian poetry that he learned Sanskrit so that he could translate some of the 1028 hymns in the RigVeda, the collection of ancient Hindu texts lauding various deities. The third set of Choral Hymns from the RigVeda is the one we present today. The music is varied, unusual and unconventional, experimenting a little with Indian scales (raga) and concentrating on bringing the spirit of the poems alive with wonderful text-painting.

- I. Hymn to the Dawn Hear our hymn O Goddess, rich in wealth and wisdom, ever young yet ancient, true to Law Eternal. Wakener of the songbirds, ensign of the Eternal, draw thou near O Fair one, in thy radiant chariot. Bring to her your offering, humbly bow before her, raise your songs of welcome, as she comes in splendour.
- II. Hymn to the Waters Flowing from the firmament forth to the ocean, healing all in earth and air, never halting. Indra, Lord of Heaven, formed their courses. Indra's mighty laws can never be broken. Cleansing waters flow ye on, hasten and help us. Lo, in the waters, dwelleth One, knower of all on earth and sea, whose dread command no man may shun; Varuna, sovereign Lord is He. Onward ye waters onward hie. Cleansing waters, flow ye on, hasten and help us. Dance in the bright beams of the sun. Obey the ruler of the sky who dug the path for you to run. Flowing from the firmament forth to the ocean, healing all in earth and air, never halting. Indra, Lord of Heaven formed their courses. Indra's mighty laws can never be broken. Cleansing waters flow ye on. Hasten and help us.
- III. Hymn to Vena (The Sun rising through the mist) Vena comes, born of light. He drives the many coloured clouds onward. Here, where the sunlight and the waters mingle, our songs float up and caress the newborn infant. Vena comes. The child of cloud and mist appeareth on the ridge of the sky; He shines on the summit of creation. The hosts proclaim the glory of our Common Father. Vena comes. He hath come to the bosom of his beloved. Smiling on him, she beareth him to highest heaven. With yearning heart on thee we gaze, O goldwinged messenger of mighty Gods. Wise men see him in their libations as the sacrifice mounts to the eternal heights, mingling with our solemn chant. He stands erect in highest heaven, clad in noble raiment, armed with shining weapons, hurling light to the farthest region, rejoicing in his radiant splendour.
- IV. Hymn of the Travellers Go thou on before us, guide us on our way, Mighty One. Make our journey pleasant, never let us stray. Wonder-worker hearken. Come in thy splendour, come in thy mighty power. Trample on the wicked, all who would oppose, Mighty One. Drive away the robber, drive away our foes. Wonder-worker hearken, come in they splendour, come in thy mighty power. As we journey onward, songs to thee we raise, Mighty One. Thou didst aid our fathers, guard us all our days. Wonder-worker hearken, come in thy mighty power. Feed us and inspire us, keep us in thy care, Mighty One. Lead us past pursuers unto meadows fair. Wonder-worker hearken, come in thy splendour, come in thy mighty power.

#### Prayer of St. Francis - Barrie Cabena

Canadian composer Barrie Cabena has beautifully set this deservedly famous and thoughtful prayer written by the 12th century St. Francis of Assisi. Notice the dramatic musical contrasts in both dynamic and harmony to illustrate the various pairs of opposites in the prayer. The music allows the words to speak clearly and emphatically.

Lord, make me an instrument of thy peace. Where there is hatred, let me sow love; where there is injury, let me sow pardon; where there is doubt, faith; despair, hope; darkness, light; where there is sadness, joy. Lord make me an instrument of thy peace. O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned, it is in dying that we are born to eternal life. Lord, make me an instrument of thy peace.

#### Cantate Domino - Vytautas Miškinis

Lithuanian Vytautas Miškinis is a choral conductor, educator and composer. The six-part Cantate Domino is an energetic, joyous and rhythmically syncopated work. The harmonic language is bright and vibrant to match the enthusiasm of the praise being given to God.

Cantate Domino canticum novum et benedicite nomini ejus quia mirabilia fecit. Cantate et exultate psallite in cithara et voce psalmi. Sing to the Lord a new song and praise his name, for he has done marvelous things. Make music to the Lord with the harp and the sound of singing.

#### Alleluja – Agripino Diestro

Filipino composer Agripino Diestro is equally well known as a conductor with many choral awards. Alleluja was voted one of the favourite pieces of 2001 by Musica International. The work is built solely on the word Alleluja. It starts gently with undulating chords of simple yet rich harmony and develops rhythmic excitement as it progresses and ends with a powerful climax. Alleluja!

#### to name the moon – Bruce Sled

Bruce Sled was Laudate Singers' composer-in-residence for several years as well as singing in the choir. He is still a favourite composer of ours and says this about *to name the moon:* "The words are based on the names different cultures give to the full moon throughout the year. The beginning is an exact retrograde of the ending, beginning and ending with one long tone. This form was inspired by the symmetrical nature of the waxing and waning moon." We premiered this piece on December 10, 2011, the day of a total lunar eclipse!

#### Veni Emmanuel – Andrei Diaconu & Taymaz Saba

This exciting piece was written by our former team of composers-in-residence, Taymaz Saba and Andrei Diaconu, whose wide interests in music from classical to rap and film music are evident in this unique piece. They say, "Veni Emmanuel is all about screaming out for Emmanuel's appearance. The opening harp and cello show the anticipation of the coming of our Saviour. The synth and beat breaks are when we take an ecstatic moment to enjoy the jubilation of His arrival. Just before the finale, the clustered moments show the brightness of this joyful time in life."

Veni veni Emmanuel. Gaude! Gaude! Emmanuel nascetur pro te Israel O come, O come, Emmanuel! Rejoice! Rejoice! O Israel, to thee shall come Emmanuel!

Veni, O Iesse virgula, ex hostis tuos ungula, de spectu tuos tartari educ et antro barathri. O come, Thou Rod of Jesse's stem, from ev'ry foe deliver them that trust Thy mighty power to save, and give them vict'ry o'er the grave.

Veni, veni O Oriens, solare nos adveniens, noctis depelle nebulas, dirasque mortis tenebras. *O come, Thou Dayspring from on high, and cheer us by thy drawing nigh; disperse the gloomy clouds of night and death's dark shadow put to flight.* 

Veni, Clavis Davidica, regna reclude caelica, fac iter tutum superum, et claude vias inferum. O come, Thou Key of David, come, and open wide our heav'nly home, make safe the way that leads on high, that we no more have cause to sigh.

Veni, veni, Adonai, qui populo in Sinai legem dedisti vertice in maiestate gloriae. *O come, o come, Thou Lord of might, who to thy tribes on Sinai's height in ancient times did give the law, in cloud, and majesty, and awe.* 

#### Exaudi – Jocelyn Morlock

"Exaudi was written for a concert about memory, mourning, and loss," comments Vancouver composer Jocelyn Morlock." My grandmother died in the year prior to me writing it, Exaudi is loosely based on her emotional and spiritual life as I saw it from a distance, in addition to being written out of love for her." While not an easy piece to perform, we have loved learning this wonderful and heartfelt music!

Exaudi orationem meam; ad te omnis caro veniet. *Hear my prayer, for unto you all flesh shall come.* 

In Paradisum deducant te Angeli; in tuo adventu suscipiant te martyres, et perducant te in civitatem sanctam Jerusalem

May angels lead you into Paradise. At your coming may martyrs receive you, and may they lead you into the Holy City, Jerusalem.

Chorus Angelorum te suscipiat, et cum Lazaro quondam paupere aeternam habeas requiem. *May the chorus of angels receive you, and with Lazarus, who once was a pauper, may you have eternal rest.* 

#### Cello Suite in G Major – J.S. Bach

One of six suites Bach wrote for unaccompanied cello, this is deservedly some of the best known of all cello solo repertoire. The Prelude is particularly well known and used often in movies. One of the endearing features of the music is that the same notes yield different interpretations by various artists, making every hearing a new experience.

#### Dawn of Night - Stephen Chatman

Stephen Chatman says of his new work: "The poignant combination of cello, harp and choir instantly inspired the idea of love. While collaborating on words and music with my wife, Tara, I soon realized that this beautiful blending of timbres was begging for not one but two soft, lyrical settings. The challenging instrumental and vocal parts reflect my deep admiration for the performers for whom the work was written. Listeners will notice my affinity for high cello lines." Laudate Singers dedicates this performance to Stephen Chatman who has graced the world with so many wonderful choral works.

the weight of your

#### whisper me

whisper me, whisper long, longing this height of night the dawn, long, longing	smile settles clutching this tender moment hush, hush and let the silence speak without our blushing lips
morning blossoms, whisper long,	hush, hush
height of night, night of dawn	in this hushed moment your unending breath beats robbed time
hush, hush	a shimmer of kisses roars empty all the noise behind
whatever a blue sky means	let this quiet
let it linger after the rain	complete us soaring above
plain in its honesty	our love loose in the wind
the trees sculpt the	sunset of our love deep love
sunset of our love deep love loose in the wind	hush, hush
in this hushed moment	- Tara Wohlberg

#### where the moon goes - Chris Sivak

Laudate Singers' composer-in-residence, Chris Sivak, has written us some wonderful pieces over the last two years. Chris says of *where the moon goes*, "This piece was inspired by that fleeting moment of awareness that occurs when one realizes they're dreaming; it's a moment of adrenaline and a feeling of breathlessness headed towards wakefulness. The piece is a sort of telling of the drama implied in the contrast between this breathless moment and the soft glow of dreaming."The lyrics are adapted from the poem *A Childish Fear* by Vancouverite Genevieve MacKay.

Last night, the moon fell through my window. I don't know why. It's not supposed to do that.

It glowed so bright, there at the edge of my bed. I was afraid until I fell asleep. I thought it meant something bad, but when I woke up this morning the moon was gone. and someone had left me a big, white balloon.

#### THE MUSICIANS



HEIDI KRUTZEN is celebrated for her versatility as a soloist, chamber musician, and orchestral performer. Recent highlights have included concerts in London, Berlin, Prague, and Warsaw with the Philharmonia Orchestra, guest principal harp appearances at the Kennedy Center in Washington, DC with the National Symphony Orchestra, a concert in Taipei,

Taiwan with the Formosa Quartet, and a performance with her Trio at the Edinburgh International Festival. A member of several acclaimed chamber groups, COULOIR, Trio Verlaine, Krutzen/McGhee Duo and the Turning Point Ensemble, Heidi has toured extensively throughout North America, in the UK and Asia. Her performances have been broadcast live on BBC Radio 3, NPR, and CBC Radio. Heidi is featured on many discs, including a double concerto with the Latvian National Symphony. Her most recent CD "Six Departures" was selected for the first round ballot of the 57th Annual Grammy Awards and in May, her duo COULOIR, will release their second CD "MAXWELL, MUHLY, COULOIR." A return guest at major festivals such as the Ottawa International Chamber Music Festival, Oregon Bach Festival, and Seattle Chamber Music Festival, Heidi is Principal Harp of the Philharmonia Orchestra in London England, serves on the faculty of the National Youth Orchestra Canada, and teaches at the University of British Columbia School of Music. Passionate about humanitarian work. Heidi devotes her free time with a small but formidable team to fundraising, volunteering and running, Malambo Grassroots, a charity dedicated to community development in southern Zambia.



**REBECCA WENHAM's** performances have been described as "silken, highly refined" (the Globe and Mail) as well as having "extraordinary commitment and maturity" (La Gazette). Her animated playing style is often surprising, dramatic and impulsive, leaving a breathless audience on the edge of their seats. She has performed across North America,

Mexico, Europe, Japan and Australia. As a member of the Cecilia String Quartet she has won prizes in the Osaka, Rutenberg, Bordeaux and Banff International String Quartet Competitions, and was a CBC Galaxie Rising Star in 2007. Rebecca has collaborated with many composers including Common Sense Composers Collective, Ana Sokolovic, Gilbert Amy, Kelly-Marie Murphy and William Bolcom. She recently premiered a new work for solo cello and chamber orchestra by Owen Underhill, The Curio Box, commissioned by Vancouver New Music. This coming May, Music on Main will present Rebecca in a program of solo cello exploring works that highlight divergent musical styles, from classical to music by jazz cellist Peggy Lee and rock violinist Sarah Neufeld. Rebecca was recently named principal cello of the Vancouver Opera Orchestra. Her projects have been generously funded by the Canada Council, the BC Arts Council and ProQuartet. She holds degrees from the HARID Conservatory of Music, and from Rice, San Diego State and McGill Universities.



Laudate means praise, and for Laudate Singers, every concert is a joyful celebration. Now celebrating its 21st season, current artistic director Lars Kaario founded Laudate Singers in 1995. This chamber choir continues to skillfully and passionately present repertoire that spans centuries, cultures and genres. The choir also strives to foster the development of professional musicians and enrich the cultural fabric of our community.

Laudate Singers is a committed champion of Canadian choral music, commissioning and performing new Canadian works every season in addition to mentoring and nurturing young composers through a composer-inresidence programme.

Laudate Singers has been pleased to undertake stimulating and innovative partnerships with high caliber local performers and ensembles such as the Vancouver Inter-Cultural Orchestra, the North Shore Celtic Ensemble, Tangissimo, Denis Bédard, Couloir and period baroque instrumentalists. In 2009 the choir was honoured to represent North Vancouver at the Chiba (Japan) Cultural Festival.

The choir has recorded six critically-acclaimed CDs, most recently Voice of the Tango with celebrated tango performers Tangissimo.



LARS KAARIO (conductor) is founder and director Laudate Singers. He has built an impressive reputation as a conductor, singer and educator in his native Vancouver. Lars has forged valuable and lasting relationships with leading organizations musicians and in BC's arts scene. He is keenly interested commissioning in

and performing Canadian music. As Director of Choral Studies in the Music Diploma Program at Capilano University where he directs Capilano University Singers and Capilano University Festival Chorus, Lars is able to support and mentor young singers, instrumentalists and composers. He shares his joy and skill of conducting as head instructor in the University's Conducting Certificate Program. Lars has appeared as conductor with such notable local ensembles as the Pacific Baroque Orchestra, Vancouver Philharmonic Orchestra, Theatre Under the Stars and others. He has also appeared as soloist in Bach's B Minor Mass, Handel's Messiah, Mozart's Requiem and more with many of BC's major choirs and orchestras.



**STEPHEN CHATMAN** (D.M.A, University of Michigan) is Professor of Composition at UBC and one of Canada's most prominent composers. A multiple Juno nominee, he has received many Canadian and international composition awards. In 2012, Dr. Chatman was appointed a Member of the Order of Canada. His works have sold 500,000 printed copies and there are dozens of published recordings of his music, including a number of CDs dedicated solely to his works. Both his choral and orchestral music is frequently performed around the world. For additional information see www.drstephenchatman.com



**CHRIS SIVAK** is a talented multiinstrumentalist and composer residing in Vancouver.

Chris was honoured to be chosen as the composer-inresidence for Laudate Singers for their 2014-15 season and again this season. Chris has been commissioned to write music for the Vancouver

Chamber Choir, Red Shift Music Society, The Vancouver Peace Choir, The Amicus Duo, The Nu:BC Collective, and OperaFeHk. Chris has also written for Westender and Discorder as a freelance writer.

#### DONORS MUCH APPRECIATED

We gratefully acknowledge the financial support of the City and District of North Vancouver through the grants programs of North Vancouver Recreation & Culture, the District of West Vancouver, the Province of British Columbia, and Canada Council for the Arts. These are competitive grants and we feel honoured in receiving them.

Our deep appreciation to our many private donors. You make us sing!

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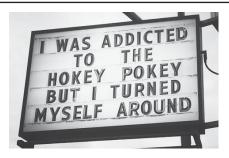
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